

## Estrogen Evaluation

Below are a list of symptoms and other factors most commonly found in people suffering from female hormonal imbalance (low estrogen levels). Read each question carefully and check the box if it applies to you. Low Estrogen is common in menopause and if several of these symptoms are present you may benefit from Estrogen replacement

- I have hot flashes.
- I have night sweats.
- I have vaginal dryness.
- I have bladder leakage when I cough, sneeze, or run.
- I get very emotional 5-7 days before my period begins.
- I am over 40 years old.
- I have difficulty sleeping.
- I have lost interest in sex.
- My periods have ceased.